



Design Your Own Goddess Meditation

It's super powerful to hear your own voice every morning to set yourself up for the day.

If you'd like to release yourself from what's been holding you back and open yourself up to receiving all the abundance in the world, this meditation will raise your vibration to become a match for what you want.

Here's what you need to get started:

1. Have a read through the meditation below and adapt it to fit what you're wanting in life.
2. Make sure you're in a quiet space where you won't be interrupted.
3. Use your phone or computer to record your voice, slow your words down and feel them. Leave pauses in so it's relaxing to listen to ☺

After you've finished, you can listen to it as is, or add background music to it. You can keep it on your phone or computer or upload it anywhere you want to listen to it easily DAILY!

Ok are you ready? Have you read through the script below and adapted it if you so wish? Are you comfy? This is FUN! This is YOU being a BEST friend to yourself! Let's GO!



Press record and read this out loud apart from the pink sentence.

Close your eyes, take a deep breath in, hold your breath in for a beat... and then breathe out, take another deep breath in, hold it for a beat and then breathe out... breathe in again, hold it for a moment, and then breathe out...

Just allow yourself to drop down a little deeper inside with each breath you continue to take, going deeper and deeper inside...

I love receiving positive suggestions that are received and accepted on all levels, in all directions of time. These positive suggestions are communicated to me now.

I am financially rich, abundant and secure.

Money comes to me easily and happily.

People love to pay me. People love what I do and pay me handsomely.

I am a millionaire because I'm ME!

I attract money easily to me whether I am awake or sleeping.

Money comes easily to me.

Thank you Universe for the abundance I'm receiving.

I love receiving. I love receiving. I love receiving.



I easily receive money, support, love and abundance which flow richly to me in bigger and bigger ways each day.

It just keeps on getting better and better. My day just keeps on getting better and better.

I'm in the zone. The perfect idea's come at the perfect time and I give them out to the world who love what I do. They celebrate me, pay me and love me.

I am a magnet for money. I love money and money loves me.

The highest potential is always available to me. The best day is available to me now. I take it. I have it.

I easily earn \$... per day. I love what I do. I am the go-to person in my industry.

I attract millions of dollars into my life easily, because I'm ME! I'm always earning more.

Today just keeps on getting better and better for me.

I am wealthy and successful. Everything I touch turns to gold.

I easily allow abundance into all areas of my life. I am grateful and happy for all that I receive.

I can buy anything I want. I can afford everything I see. If I see a house I like? I can buy it.



I love helping and creating, I am in my zone of genius.

I proceed as if success is inevitable. Because IT IS.

I love being here, unexpected doors fly open, I'm always lucky, abundance is always pouring on me from the Universe.

I live in my dream home, in my dream place, we are all happy.

Create this vision now. You are the RICH you. You are in the zone. It feels so good. See it now. You are surrounded by love. You are love. This or something higher. You are all in agreement – you and everybody in the world - that this vision is in the highest good for everyone. This or something higher. Feel it, see it. Go ahead and see it take place.

(Pause for 1 min to visualize now.)

You've just witnessed your reality. It's yours NOW.

Repeat to yourself in your head or out loud x 10 times:

I receive the rich abundance that is flowing easily to me now. I love it, thank you.

You have received these suggestions on every level in all directions of time and now it becomes your reality.

You are talented, beautiful, happy, magnificent and charismatic.
And you're going to have a GREAT day!



Gently come back up and out, squeeze your fingers and your toes and open your eyes.

You're going to have a great day!